



Viewing NETA’s Online Home Study Modules

All of NETA’s online home study modules are administered and powered by Articulate Online, an e-learning management system. NETA’s library of online modules currently include:

- *Exercise Science Review* (#124) – four modules including Anatomy, Kinesiology, Biomechanics, and Exercise Physiology
- *The Mathematics of Fitness* (#9194)
- *Fundamentals of Nutrition for the Fitness Professional* (#9202)
- *Facilitating the Adoption and Maintenance of Physical Activity* (#9208)
- *Mastering the Marathon: Training for 26.2* (#9210)
- *Physical Activity for Special Medical Conditions* (#9211)
- *Post-Rehab Considerations for the Exercise Professional* (#9226)
- *HIIT Fit* (#9229)
- *Yikes! Could I Really Be Sued?* (#9238)
- *Catching Some Z’s: Sleeping Your Way to Better Health & Performance* (course #9256)

NETA’s online modules must be viewed and completed *online* (i.e., via the internet) using a computer, tablet, or mobile device. The system requirements to view NETA’s e-learning courses via Articulate Online are as follows:

Flash	<p>Adobe Flash Player 10.3 or later plus any of these web browsers:</p> <ul style="list-style-type: none"> • <u>Windows</u>: Internet Explorer 6 and later, Firefox 1.x and later, Google Chrome (latest version), Opera 9.5 and later • <u>Mac</u>: Safari 3 and later, Firefox 1.x and later, Google Chrome (latest version) • <u>Linux</u>: Firefox 1.x and later
HTML5	<ul style="list-style-type: none"> • Google Chrome (latest version) on Windows or Mac • Safari 5.1 or later on Mac • Mobile Safari in Apple iOS 5 or later on iPad/iPhone

For more information about NETA’s online home study modules, please call NETA at 1-800-237-6242.

Powered by:

